

## Presidents Message

2017 has arrived and brings with it a new set of surprises and challenges. What a year 2016 has been-with Brexit, the Trump victory, demonetisation in India, continued conflict in various countries around the world....We need a calmer and more peaceful 2017 and hopefully it will be.

In the last 6 months, we ran our ever successful evening anniversary meeting at our favourite location, Hinsley Hall in Leeds. Very well attended and we had great speakers. The feedback continues to be very positive and that it is excellent value for money, especially as it is a free event fully subsidised by YSOA.

We were invited by the OAA to share the journey of creation of our Society and this was published in the autumn newsletter. This gave us an opportunity to not only write about our organisation but to take stock of what we have achieved and review the challenges going forward.

Our aim is to continue to provide a platform for debate and thought provoking topics in obstetric anaesthesia to stimulate discussion and improve the care we provide our mothers. For those of you, who missed our great speakers at the annual scientific meeting in April 2016, the podcasts are available on our website.(<http://www.ysoa.org.uk>). To access those and previous podcasts you need to be a member of our organisation and the membership is free-just contact our administrator for details. Great value for our members.

Preparation for the spring annual scientific meeting in Sheffield is in full swing and we look forward to seeing you there along with your friends and colleagues. In the meantime, from all the executive committee at YSOA, we would like to wish you a Happy New Year and hope you have a wonderful and productive 2017.

MAKANI PURVA

President

Yorkshire Society of Obstetric Anaesthetists



Hinsley Hall 2016

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Tankersley Manor ASM Venue 2017

## Dates for your diary

### YSOA Annual Scientific Meeting

Tuesday April 25th 2017 08.30 – 5pm

Tankersley Manor, Sheffield

Information and registration at:

<http://www.tiny.cc/ysoaasm>

Please can each department print of the flier and advertise the meeting within your hospital. It is a great multi-disciplinary meeting for anaesthetists, obstetricians, midwives and ODP's. please advertise to all staff groups to ensure a successful meeting!

### YSOA Anniversary Meeting

Friday September 29th 2017

Free (small refundable deposit)

Our yearly exclusive meeting is a great time to network, listen to interesting talks with audience interaction, often with a patient experience session. Dinner included

Contact: [w.sheedy@hull.ac.uk](mailto:w.sheedy@hull.ac.uk)

## Membership details

Membership is free to all trainees and consultants in the Yorkshire and Humber region. Membership ensures you receive information regarding upcoming events and this amazing newsletter!

If you wish to become a member please forward the following information to:

[w.sheedy@hull.ac.uk](mailto:w.sheedy@hull.ac.uk)

Name:

Grade:

Employing Trust:

Locality if in a training post (East/South/West)

A reliable contact email address:

# Yorkshire Society of Obstetric Anaesthetists

Annual Scientific Meeting  
25 April 2017



## Essential Information

5 CPD points applied for

### Meeting fee:

Consultants	£110
SAS/trainees	£65
ODPs/midwives	£25

### Abstracts:

#### Prizes

Oral presentation	£100
Poster	£50

For full programme,  
bookings, abstract  
submission guidelines  
and further details see  
meeting website:

[www.tiny.cc/ysoaasm](http://www.tiny.cc/ysoaasm)

## Speakers:

**Dr Nuala Lucas** *How to train an obstetric anaesthetist*

**Dr Matt Wilson** *New developments in the world of research in obstetric anaesthesia*

**Dr Ian Wrench** *New developments in obstetric anaesthesia*

**Dr Stephanie Glover and TBC** *Debate "The The WHO Checklist improves patient safety in Category 1 Caesarean Sections"*

**Dr Tess Bonnett** *Everything an anaesthetist should know about obstetrics but was too afraid to ask!*

**TBC** *Haematological problems in pregnancy – what should the anaesthetist do?*

**Dr Laurence O'Toole** *Cardiac problems in obstetric anaesthesia*





Yorkshire Society of Obstetric Anaesthetists Annual Scientific Meeting  
 Tankersley Manor Hotel, nr Sheffield  
 25 April 2017

Time	Session	RCoA CPD Matrix
<b>0830 – 0930</b>	Registration	
<b>0930 – 0940</b>	Welcome / Introduction Dr Makani Purva	
<b>0940 – 1025</b>	How to train an obstetric anaesthetist Dr Nuala Lucas (Consultant Anaesthetist, Northwick Park Hospital)	TBC
<b>1025 – 1105</b>	New developments in the world of research in obstetric anaesthesia Dr Matt Wilson (Consultant Anaesthetist, Sheffield)	TBC
<b>1105 – 1135</b>	Tea / Coffee	
<b>1135 – 1215</b>	New developments in obstetric anaesthesia Dr Ian Wrench (Consultant Anaesthetist, Sheffield)	TBC
<b>1215 – 1250</b>	Free paper session (7 + 3) x 3	TBC
<b>1250 – 1350</b>	Lunch	
<b>1350 – 1420</b>	Debate 'The WHO Checklist improves patient safety in Category 1 Caesarean Sections' For: Dr Stephanie Glover Against: TBC	TBC
<b>1420 – 1455</b>	Everything an anaesthetist should know about obstetrics but was too afraid to ask Dr Tess Bonnett (Consultant Obstetrician, Sheffield)	TBC
<b>1455 – 1525</b>	Tea / Coffee	
<b>1525 – 1610</b>	Haematological problems in pregnancy – what should the anaesthetist do? TBC	TBC
<b>1610 – 1645</b>	Cardiac problems in obstetric anaesthesia – xxx xxx Dr Laurence O'Toole (Consultant Cardiologist, Sheffield)	TBC
<b>1645 – 1655</b>	Prizes / Close	

## YSoA website and Podcasts

Podcasts from the ASM 16 are available to download from our website  
[www.ysoa.org.uk](http://www.ysoa.org.uk)

Username: admin

Password:  
Green42Carwash



Cave Castle ASM venue 2016

## Simulation Dates

### Obstetric Anaesthetic Emergency Course for CT2s

Hull Clinical Skills Facility                      Wed 8th March 2017

York Simulation Centre                              Wed 6th Dec 2017

Bradford date tbc

For more information please go to the Yorkshire and Humberside Deanery Website

### TOASTY Advanced Obstetric Course

for senior trainees and consultants

Hull Clinical Skills Facility                      Fri 16th June 2017

Contact [Daniel.websdale@hey.nhs.uk](mailto:Daniel.websdale@hey.nhs.uk)

# YSOA Trainee Representative Report

From the Trainee's Desk

Hello everyone and Happy New Year!

I am here to share with you all the highlights of evening meeting which took place on 30th September at Hinsley Hall in Leeds. As always it was another enticing and inspiring meeting with interesting topics by excellent speakers. The theme of the evening meeting was dicing with death!

Dr Sarah Radbourne from Mid Yorkshire shared the learning experience from two tragic case studies. One was an undiagnosed peri-partum cardiomyopathy and another was an unanticipated placenta accreta who had a hyperkalaemia induced cardiac arrest. She emphasised in her talk that peripartum cardiomyopathy has a high fatality rate and should be thoroughly investigated in any pregnant patient. Whilst managing an unanticipated placenta accreta she suggested that an early decision for surgical treatment is essential to try to treat the torrential bleeding from a hypotonic uterus. She also warned the audience that hyperkalaemia associated with massive blood transfusion can be the cause of cardiac arrest and hence serum electrolytes should be measured regularly.

This was followed by another interesting discussion "A patient's story": Our patient with a coagulation disorder shared her experiences of how her treatment during pregnancy caused physical and emotional stress.

Dr Zahid Rafique, Consultant Anaesthetist from Hull shared his experience using social network to improve lives of many parturients in remote areas of Pakistan. What an inspiring talk it was!

Dr Sarah Price, Consultant Anaesthetist from Hull presented an interesting case of a patient who survived two separate episodes of cardiac arrest due to an atypical presentation of anaphylaxis.

The evening was concluded by Dr Emma Cottrell, CT2 Anaesthetic trainee who discussed a rare case of acute fatty liver. Another interesting case which any obstetric anaesthetist can come across in his or her career.

Thank you to all who attended and presented to make the Anniversary meeting as interesting and relaxed as usual!

Dr Anju Raina Speciality trainee, Hull and East Yorkshire Hospitals.

## Contact Us

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Wayne Sheedy

01482 624069

[w.sheedy@hull.ac.uk](mailto:w.sheedy@hull.ac.uk)

Visit us on the web at  
[www.ysoa.org.uk](http://www.ysoa.org.uk)

Please email any comments or feedback regarding this newsletter to W Sheedy as above.

Please forward this newsletter to your obstetric anaesthetic colleagues and trainees to let them all know all the news – thank you.

Sue Smith (York)

# YSoA History

(OAA Article published in the IJOA Journal 2016 Winter edition)

## Yorkshire Society of Obstetric Anaesthetists: The Journey So Far...



The Yorkshire Society of Obstetric Anaesthetists (YSoA) began life when a group of enthusiastic obstetric anaesthetists in Hull, East Yorkshire held the inaugural, enthusiastically attended, Hull Obstetric Anaesthesia Study day in 2008. The following year, York obstetric anaesthetists joined forces and together they ran the Hull York obstetric anaesthesia study day for the next few years attracting anaesthetists, midwives, operating department practitioners and obstetricians from East Yorkshire. Very soon, the meetings started attracting regular attendees from outside the region and assumed a broader Yorkshire picture. In October 2012 the Yorkshire Society of Obstetric Anaesthetists (YSoA) was formed and Dr Makani Purva, (Consultant Anaesthetist, Hull) and Sue Smith (Consultant Anaesthetist, York) were elected as President and Secretary. The membership of the society is free and open to all anaesthetists and healthcare professionals interested in obstetric anaesthesia.

Chloe Fairburn was the first elected trainee representative on the executive committee taking an active part in the society and helping launch it on social media, acquiring a twitter handle and introducing the more mature executive committee members to the world of tweeting!

### Annual Scientific Meeting

The Annual Scientific Meeting (ASM) is rotated around East, South and West Yorkshire to allow all departments the privilege of hosting the event, often with a set theme. This promotes local participation, engagement and partnerships within the region's obstetric anaesthesia departments.

A key feature of the ASM and YSoA is the importance it places on trainees and providing opportunities for their development. The ASM offers opportunities for poster and oral presentations both with cash prizes!

For the first time in the last 4 years, YSoA ran the annual scientific meeting in collaboration with another professional group, the Hull Obstetrics and Gynaecology Medical Education group (HOGME). The meeting has grown from strength to strength with excellent feedback and loyal followers.

The evening meeting usually takes place on the last Friday of September to coincide with the anniversary of the Society's creation. This event is free and a more relaxed affair with a meal and guest speakers including a patient speaker to challenge and nourish the minds of the eager audience who attend these events.

### Collaboration

YSoA has been active since its formation not only in the delivery of good quality meetings but also in acting as a platform for regional collaboration on matters of obstetric anaesthesia. Three noteworthy projects were completed through the good offices of the Society.

### Basic obstetric anaesthesia simulation training course of Yorkshire (BOASTY)

A Yorkshire wide collaborative effort led to the launch of BOASTY to meet the needs of core anaesthetic trainees entering labour ward for the first time in 2011 and it has since been sustained through collaboration between YSOA members.



# YSoA History

(OAA Article published in the IJOA Journal 2016 Winter edition)

## **The Obstetric Anaesthesia Advanced Simulation Training course of Yorkshire (TOAASTY)**

Following the success of the basic course, the advanced course was launched by obstetric anaesthetists from Hull, York, Leeds and Sheffield and is now run successfully twice a year for advanced obstetric anaesthetic trainees and consultants focussing not only on skills and knowledge but also on the leadership and human factor skills important on a busy labour ward.

## **Exchange programme for advanced obstetric anaesthetic trainees**

A partnership programme has been created between YSOA members in Hull and Sheffield to provide trainees with an insight into the working of major obstetric units. This programme has allowed trainees to compare practices and reflect on the working of different units.

The Society has come a long way since its inception and has gone from strength to strength. The membership has continued to rise and the meetings are very well attended. The Society will continue to help obstetric anaesthetists prepare for the future to ensure that the care we provide our mothers is of the highest standard possible.

**Dr Anju Raina, Trainee rep. YSoA**  
**ST7 Anaesthetic trainee, East Yorkshire**  
**Dr M Purva, President YSoA**  
**Consultant Obstetric Anaesthetist, Hull**

